

MINISTER  
Rev Al Lowe

07478 670953

MONTHLY NOTICES (& weekly when required)

Brenda Noone

[bn.torp@gmail.com](mailto:bn.torp@gmail.com)



LOOP SYSTEM INSTALLED FOR HARD OF HEARING

Website: <http://penncirrus.co.uk/Cornerstone/index.htm>

Cornerstone Church, Fore Street, Torpoint, Cornwall.



# *Cornerstone Church - Torpoint* *NEWSLETTER*



**MARCH 2024**



## SOME THOUGHTS FOR MARCH

1. Do your little bit of good where you are; it's those little bits of good put together that overwhelm the world.  
*Desmond Tutu*
2. Do all the good you can, by all the means you can, in all the ways you can, in all the places you can, at all the times you can, to all the people you can, as long as ever you can.  
*John Wesley*
3. The only impossible journey is the one you never begin.  
*Anthony Robbins*
4. Good, better, best. Never let it rest. 'Til your good is better and your better is best.  
*Saint Jerome*
5. Focus on your strengths, not your weaknesses. Focus on your character, not your reputation. Focus on your blessings, not your misfortunes.  
*Roy T Bennett*
6. Saying nothing sometimes says the most. *Emily Dickinson*
7. If you lose hope, somehow you lose the vitality that keeps life moving, you lose that courage to be, the quality that helps you to go on in spite of all. And so, today, I still have a dream.  
*Martin Luther King, Jr*
8. In the name of God, stop a moment, cease your work, look around you.  
*Leo Tolstoy*
9. The phrase 'do not be afraid' is written in the Bible 365 times. That's a daily reminder from God to live every day being fearless.  
*Anon*
10. Faith is to believe what you do not yet see; the reward of faith is to see what you believe.  
*Augustine of Hippo*

## ANSWERS FROM LAST MONTH'S QUIZ

1. What is the common name for the obverse of a coin? *Heads*
2. Traditionally drunk at Christmas, what is the drink of yolk, beer and spirit? *Eggnog*
3. What is the usual background colour of motorway signs? *Blue*
4. What is held in a creel? *Fish*
5. A blast furnace is mainly used to produce which metal? *Iron*
6. Who won the men's Wimbledon singles title in 1975? *Arthur Ashe*
7. What is the principal religion of Iran? *Islam (Shia)*
8. Who wrote the 2001 novel 'The Life of Pi'? *Yann Martel*
9. Which town is the capital of the Isle of Man? *Douglas*
10. What nationality was the psychologist Carl Jung? *Swiss*
11. The postcode prefix LS denotes which English city? *Leeds*
12. Which actor topped the charts in 1997 with 'Men in Black'? *Will Smith*
13. What machine is used for turning and shaping wood? *Lathe*
14. In which county is the beauty spot of Box Hill? *Surrey*
15. Which animal is said to be 'unable to change its spots'? *Leopard*
16. Nichelle Nichols played which Star Trek lieutenant? *Uhura*
17. What, in law, is written defamation of character? *Libel*
18. Which part of the body was Achilles' weakness? *His heel*
19. On which London road would you find the Royal Courts of Justice? *The Strand*
20. Which group won The X Factor in 2011? *Little Mix*



**PATHFINDER PROJECT**  
**Benefit Entitlement Check**  
**Confidentiality Assured**



Benefit Entitlement Checks are available three days a week at the Foodbank distribution centre in the Old Rowing Club. A quiet area is set aside for confidential enquiries, where trained staff will help you in a discreet manner.

(Full income details will be required for all household members.)

**URGENTLY NEEDED FOOD & OTHER ITEMS: (as at 25 January)**

- **LOGLIFE FRUIT JUICE**
- **GLUTEN FREE ITEMS**
- **LOGLIFE SPONGE PUDDINGS**
- **SIZE 5 & 6 NAPPIES, AND WET WIPES**
- **INSTANT MASHED POTATO**
- **PASTA SAUCE**
- **TINNED CARROTS**



**WE'VE GOT PLENTY OF:**

- **CHICKPEAS, CANNELLINI, KIDNEY, BAKED & BUTTERBEANS.**
- **PASTA**
- **TOOTHPASTE**
- **TINNED TOMATOES**
- **TENA STYLE PADS AND BARS OF SOAP**

*THANK YOU*

Food is distributed from the ground floor of the Old Rowing Club. Sessions are from 09.30-12.30 on Mondays, Wednesdays & Fridays.

Anyone wishing to volunteer would be most welcome and should pop into one of the sessions for further information.

**LETTER FROM THE MINISTER**



Hi

As part of my ministry training, I spent three months in New Zealand on placement. It was on the most southerly tip of the South Island, a place called Riverton. Whilst there, I read a book called "The Cavalry Won't be Coming". It discussed the idea that in New Zealand and Australia they are so short of ministers that they don't have the resources to come to the aid of churches and circuits that are struggling. It appears that we are in a similar situation now in the UK. In this year's stationing of ministers, there are over 40 ministerial placements not filled, some are critical superintendent appointments. So, with Andy Chislett-McDonald leaving the superintendent's role, there is no list of supers who can just step into the role. We have to deal with what we have got.

I did not want the job. There is too much going on, and I wasn't sure of the support I would get. I wanted to run away from it all. I felt like Jonah and when God had put many blocks in the way of my flight, I was trapped in the belly of the fish. I had to say "send me". We had discussions amongst my colleagues and with the Circuit Exec and at the most recent Circuit Meeting I agreed to be superintendent minister. It seemed the stress of living with no formal superintendent was greater than the stress of being superintendent!

Being familiar with the bible allows us to hear God speak to us through scripture, even when we haven't read a passage for a good while. The Bible isn't a dusty old tome that was written over two thousand years ago, but it is the living word of God when it speaks to us and gives direction to our lives. Maybe during Lent, we can spend some time relating our lives to particular texts and hearing God speak to us. I just hope you don't end up in the belly of a fish!

Blessings

Al



**NOTICES FROM SANDRA:**



**CHURCHES TOGETHER EVENTS**



Friday 1<sup>st</sup> March—World Day of Prayer Service

St James' Church at 2.00pm

All welcome



*Lent sessions in St James' Church Hall*

7.00 pm start

Wednesday 6<sup>th</sup>—Sandra

Wednesday 13<sup>th</sup>—Rev Al Lowe

Wednesday 20<sup>th</sup>—Rev Jo Northey

(If you have any questions, please see me. SP)

**MARCH SUNDAY SERVICES (10.30am unless otherwise stated)  
AND DUTY HELPERS**

DATE	PREACHER	WELCOMER	VESTRY	OPENING PRAYER
3rd	<i>Local Arrangement</i>	Margaret Harrison	Eve Oates	EO
10th	John Ware	Lynn Rundle	Chris Cross	June Stockton
17th	Rev Al Lowe	Paulene Smith	Sandra Pratt	SP
24th	Bev Smerdon	Ann Dean	Brenda Noone	BN
31st	Sue Bolt	Marie Luscombe	Sandra Pratt	SP



**DATE OF CTT COFFEE MORNING:  
2nd March— for CHRISTIAN AID**



Any help/donations/cakes/raffle prizes would be very welcome

Please support Churches Together in Torpoint events

**HOUSE GROUP**



Owing to the Lent Group meetings in St James' Church Hall this month, House Group will not meet during this time in order to attend the Lent meetings.

*Thank you*



## DUTY LISTS

As with all the duty rosters, if any date is inconvenient please arrange your own swap. Thank you / BN

<b>FLOWER ROTA - MARCH</b>	
3rd	Meryl Houghton
10th	Eve Oates
17th	Peter Verschoyle
24th	<i>Vacant</i>
31st	<i>Vacant</i>



**PLEASE see Marie if you would like to make a donation towards the flowers displayed in church.**

<b>SUNDAY COFFEE ROTA - MARCH</b>	
3rd	June Stockton & Paulene Smith
10th	June Stockton & Jan Hall
17th	June Stockton & Paulene Smith
24th	June Stockton & Jan Hall
31st	June Stockton & Paulene Smith



Assistance is always required to make things easier for our few helpers, so please speak to June Stockton if you can help with teas/coffees/washing up. Even the odd occasion will be much appreciated.  
*Thank you*

Please pray on a Tuesday morning before 9am for our weekly Bible story-telling at the Infants' School.



*Another Date for Your Diary*

### Dementia and Our Church

Saturday 2nd March, Torpoint

The Anglicans extend a warm invitation to join them as they spend some time looking at spirituality and dementia. Our time together will include some theology, so keeping God in the centre of our thinking, before looking at the practical outworking of that thinking as we explore together how we meet the spiritual needs of those living with dementia, and their carers.

The session will be led by Brenda Stuart-White and the Revd Mary Williamson both of whom have had experience in working with and supporting both those living with dementia and their carers.

The training will be held in the Torpoint area, exact timings and venue to be confirmed. If you are interested in this training or would like further information when available, please see me:

*Sandra*

## TENEBRAE SERVICE THURSDAY 28<sup>TH</sup> MARCH

7 pm at Cornerstone Church, Torpoint

with Rev Jill Murray & Rev Al Lowe

ALL WELCOME

(Please see Sandra if you need transport)

This is a joint service between Cawsand Congregational Church and Cornerstone; all are welcome. It is a Communion Service recalling the Last Supper and concludes quietly in relative darkness, by extinguishing candles and leaving in silence.

---

---



Churches Together Good Friday service 29<sup>th</sup> March

10:30am start at Cornerstone Church

Processing to St James' Church



- 1 The character of Mrs Robinson appears in which 1967 film?
- 2 How many lines are there on a staff of music?
- 3 What is the common name for a turf accountant?
- 4 Who had a hit in 1973 with *Paper Roses*?
- 5 What was the fabled city of gold sought by Spanish conquistadors?
- 6 A champagne bottle which has the capacity of two ordinary bottles is given what name?
- 7 What type of business is London's Lombard Street most associated with?
- 8 Which brand of yeast and vegetable extract takes its name from a French metal cooking pot?
- 9 *The Music of the Night* is a song from which musical?
- 10 Which adjective describes energy created by atomic fission?
- 11 What term was applied to lively, fashionable young women of the 1920s?
- 12 In what county is Stonehenge located?
- 13 What is the name of the Washington headquarters of the US armed forces?
- 14 What term is given to a flower that blooms year after year?
- 15 In which 1960s TV series did Patrick McGoohan play 'No. 6'?
- 16 Which imperial length measurement is equivalent to three feet?
- 17 What was the Irish currency unit before the euro?
- 18 In which Scandinavian country is the city of Uppsala located?
- 19 What style of architecture is the Tower of London?
- 20 What letter is furthest to the right on the bottom row of a standard keyboard?

## The Back Pew - Jeff Larson



**FOR SALE** - Single owner tomb. Only used three days, and still has that new tomb smell. Reason for sale.. resident was resurrected.



## Finance

	OFFERTORY	BENEVOLENT FUND	SUNDAY COFFEES
January 28th	£195.00	£24.00	£6.86
February 4th	£346.00		£10.60
February 11th	£191.20		£4.45
February 18th	£119.00	£6.50	£5.50

### Coffee Mornings:

On January 27th we raised £85.00, and on the 3rd February £143.35. On the 10th Tommy Carp raised £90.00. The figures as always vary according to what else is going on in the town that morning.

A special thank you to those new folk who signed up on the rota for the first time, and to those who have helped by suppling raffle prizes. We greatly appreciate your help. Thank you.

**TENEBRAE:** This year we have taken over from Millbrook and are holding the Tenebrae Service at 7.00 pm on Thursday 28th March here in Cornerstone. It began in Cornerstone during the Ministry of Rev Allan Bailey many years ago..

For those of you who have never attended Tenebrae it is a service of hymns and bible readings during which lit candles are gradually extinguished and finally the Church becomes completely dark; a moving service to which you are most warmly invited.

**Many thanks / Liz**



## STREET PRAYERS

March's streets for our prayer leaflet delivery drop are Lamorna Park and Moor View

Please remember the people there in your prayers.

*Thank you / Chris & Lynn*

CALENDAR REPRODUCED IN SEPARATE DOCUMENT